



Fresh breath and a clean smile

Poor oral hygiene can cause:

At Wordsworth House our dedicated dental hygienist will personally ensure you maintain the highest possible standard of oral hygiene.

- Caries (decay)
- Periodontitis (gum disease)
- Candida (thrush)
- Halitosis (bad breath)
- ANUG (acute gum infection)

All these diseases can be very easily prevented by regular visits to the hygienist.

Plaque

Plaque is a film of bacteria and its by-products, and is the major contributor to oral diseases. Plaque on teeth causes decay and gum disease. Plaque presence in general causes halitosis, commonly known as bad breath.

Calculus

Like scale building up in a kettle, calculus builds up from minerals in your saliva. Calculus alone does not cause disease, but it does provide a perfect habitat for plaque to form and thrive. Being simply too hard to remove with a toothbrush, only a professional clean can remove the deposits from your teeth and under your gums to help maintain a healthy mouth.

Oral hygiene is the most important aspect of preventing diseases in the mouth.

The hygienist will give clear and professional advice on how to clean your teeth.